

Newbury Public Library Face Mask Kit



DIY Face Masks



Materials provided:

- Tightly woven fabric, enough for three layers, or two and a filter pocket
- Elastic
- Needle
- Thread
- Template

Supplies you may want to use at home:

- Sewing pins
- Sewing machine
- Scissors
- Sharpie markers or tailor's chalk



Video instructions can be found here:
<http://newburynhlibrary.net/facemasks>

Notes:

Masks should be washed after use. You can also wash the fabric beforehand to prevent shrinking. After wearing, carefully remove your mask, washing your hands beforehand and using the elastics to take it off.

These masks are not officially certified or tested. These are not surgical masks or protective medical equipment. The production and use of these masks are your responsibility.

Masks should not replace social distancing measures: these should only be used in non-medical settings when you are still able to maintain 6 feet of distance from other people.

Simple Pleated Mask

adapted from *Sustain My Craft Habit* blog

Step 1: Cut out your template. Lay your fabric on a flat surface and trace the outline of the template to create three pieces. The pieces should measure 6.5" high by 9.5" wide.

Step 2: Cut two pieces of flat elastic 5" long, or to the length that will be comfortable to wear around your ears.

Step 3: To form the ear loops, sew the ends of the elastics to the sides of one piece of fabric (on the front side of the fabric).

Step 4: Turn over, and place together the outside-facing sides of all three of the rectangle pieces and sandwich the fabric that will be the inside of your mask inbetween the other two pieces. Sew all four sides together with a ¼" seam allowance, leaving a 3" gap opening on the bottom. Make sure when you are stitching this that you place the ear loops inside your piece.

Step 5: Turn the face mask inside out. Your pieces should now have the correct side on the outside. Press the edges flat with an iron.

Simple Pleated Mask, pt. 2

Step 6: Edgestitch around the perimeter and stitch the opening closed.

Step 7: Fold the short ends of the sewn face mask creating two or three pleats on both sides. Pleated side should measure 3.25" high for the adult size.

Step 8: Sew the folded pleats in place.

With that, the mask is finished and ready for use.

Note: It is important that when you are stitching this mask, you are able to distinguish between the inside and outside of the mask, for health and hygiene. For this reason, you have one piece of fabric that is different from the outside two pieces.

Instructions for Sized Mask

Adapted from Burda Style

Step 1: Choose your mask size and cut out the templates. You will need to cut out four pieces for the pattern layer, and two pieces for the filter layer. The templates are marked.

Step 2: Match two sets of the fabric layer together, and stitch the center seam. Do the same for the second pair of the top layer.

Step 3: Lay both of the fabric layers together and sew a seam around the edges of both pairs, leaving a space where the elastic will be open, so you can turn the piece inside out and hide the seam. Turn the layers inside out to hide the seam.

Step 4: Finish the edges of both pieces of the lining. Sew the lining into the top and bottom part of the mask, leaving the middle open. This will be your filter pocket.

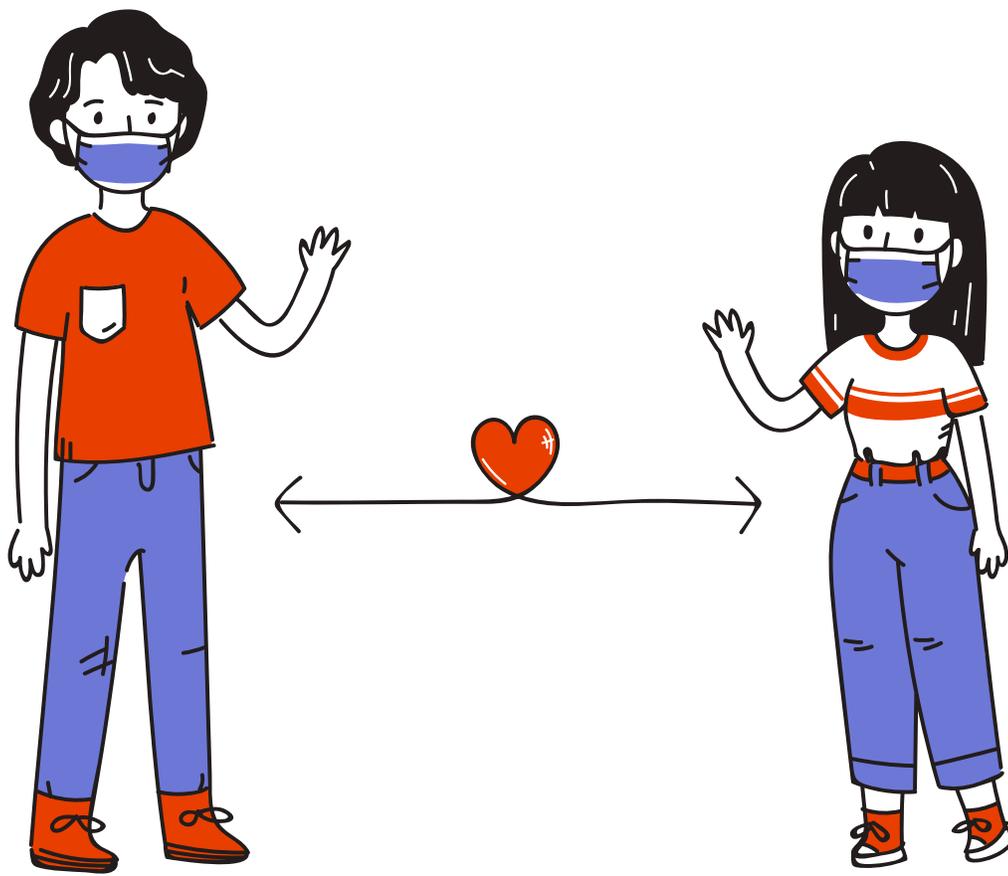
Step 5: Finish the edge where the elastic will go, and fold over the inside of the mask, and sew a seam.

Step 6: Thread the elastic through the fold, using a pencil if you need help guiding it. Tie the elastic so it is comfortable but fitted.

Wearing a mask helps protect our community!

Check out the CDC website for guidelines on mask-wearing, cleaning and how to properly put on and take off masks:

<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/about-face-coverings.html>



For different style face masks,
check out these tutorials:

The Origami Mask:

<https://aplat.com/blogs/shus-notebook/diy-cloth-face-mask>

The 3-D Mask:

<https://seekatesew.com/3d-mask-template/>

